

CROCKPOT ZUCCHINI CHICKEN PARMESAN

Ingredients

- 1 1/2 pounds (about 4) chicken breasts, cut into cubes
- 1 small onion, diced
- 1 large zucchini, diced
- 1 green pepper, diced
- 1 teaspoon garlic, minced (or 1/2 tsp garlic powder)
- 1/2 teaspoon onion powder
- 1/4 teaspoon salt (or to taste)
- 1 tablespoon Italian seasoning
- 1.5 cups tomato sauce
- 1 cup shredded Parmesan cheese

Instructions

1. Spray your slow cooker with non-stick spray. Combine all ingredients but shredded cheese and stir to combine.
2. Cover and cook on high for about 3-4 hours or low for about 6-8, or until chicken is cooked through. In the last 30 minutes of cooking, add cheese and cook until it's melted.
3. Serve over pasta or quinoa sprinkled with Parmesan cheese, if desired.

Enjoy 😊

<http://smilesandwich.com/2014/09/10/crockpot-zucchini-chicken-parmesan/>