

HEALING FOUNDATIONS Naturopathic Clinic: Fees and Services

Naturopathic Consults & Treatments:

- **Initial Consult** (Health History, Assessment and Diagnosis) – 1 hr (\$190.00) to 1½hr (\$280.00)
- **Follow-up Appointments** - Range From - ½ hr - \$125.00, 45 min - \$145.00, 1 hr - \$190.00, 1¼ hr – \$235.00, 1½ hr - \$280.00,
- **Acupuncture Treatments** - ½ hr - \$100.00, 45min - \$120.00
- **E/Telemedicine (Email, Phone or Skype) Appointments** – are billed the same as in-person consults
- **Email Correspondence** - Is billed based on the time your ND has spent receiving and composing email response(s) to you.

- **Please Note: NDs bill for the time spent in session with a client.** For example: An appointment booked for 1 hour, may finish up in 50 minutes. The fee will reflect 50 minutes only, not 1 hour. Similarly, an appointment booked for 30 minutes but extended to 45 minutes due to the patient's need for some extra time will be charged the 45 minute fee, not 30 minutes.

Programs & Special Appointments: (Cancellation Policy for all programs in effect)

- **BETTER MOOD PROGRAM – Personalized approach to Anxiety & Depression** (8 - 12 sessions scheduled every 7 – 14 days)
- **ADDICTIONS PROGRAM (smoking, alcohol, narcotics, food etc...)**(8 weeks, 8 sessions, incl. acupuncture)
- **Physical Exam: a complete physical exam** – including a clinical breast & gynecological examination for women. And including testicular and prostate examinations for men. **1hr appointment**
- Blood and urine tests may be required during your physical exam. Please note that a requisition from an ND is not OHIP covered - it is privately paid for by the client over and above the appointment fee.
- To save you the expense, your ND usually recommends that labs be requisitioned by your MD (covered by OHIP).

Labs & Testing:

- **Saliva Hormone Testing:** Female & Male Panels – \$220.00, Cortisol Panels - range from: \$200.00 to \$400.00
- **Electrodermal Allergy Testing Panels (Food & Environmental – including candida, parasite, bacteria, virus, heavy metals, hormones, organ function):** Range From - \$110.00 to \$200.00
- **Hair Mineral & Heavy Metal Test:** \$175.00
- **Urine Test:** \$10.00
- **Zinc Tally Test:** \$3.00
- **Blood Tests – ND Requisitions (standard medical):** Range from - \$2.00 to \$200.00 - depending on what needs to be tested.

Other Fees:

- **Cancellations or Missed Appointments** (non-emergency) with less than 24 hrs notice: **\$85.00**
- **Report of Findings*, Treatment Plans- Insurance (e.g. OFC-18- MVA), Legal Forms:** \$10.00 per 5 minutes of time your ND spends composing and processing (photocopying, faxing, emailing, investigating).
- **B12 IM Injection** (1000mcg Methyl-cobolamine + 0.1mcg/ml Folic Acid) – \$20.00
- **HST** is applied to all products, and most laboratory tests (e.g. food allergy and hormone panels).
- **HST does NOT apply to ND consultations, acupuncture treatments, B12 injection, or requisitions for standard medical blood tests.**

* A report written by your ND to your MD/specialist about your state of health, including recommendations for further medical work-up, assessment and/or treatment and/or requesting your MD/specialist's collaboration to help bring about resolution of your health concerns.

Details of Payment:

- **VISA, MC, DEBIT, CASH or CHEQUE.** Payment is expected at the time services are rendered.
- **Payment for Phone and Email Consultations.** You can pay immediately after the phone consult (with credit card). Otherwise, you will be mailed an invoice (postal or email), which is to be paid by phone (with credit card) or in person within 10 days of the phone or email consult.
- **Most extended health care plans cover naturopathic medical care by a registered ND. Be sure to check this out. You may have insurance coverage for naturopathic medicine.**
- Upon payment you will be given a printed statement including: the naturopathic fee, appointment length, your ND's registration number and signature.
- Insurance providers accept this format for health coverage.
- Your insurance provider will cover the consult fee or a portion of it, depending on the extent of your coverage. However, insurance providers typically do not cover prescribed supplements, herbal or homeopathic medicines. Some insurance plans do cover laboratory tests.
- Naturopathic Doctors are primary health care practitioners. Therefore, you usually do NOT need a referral to see an ND. However, a small number of insurance providers require that your MD formally refer you to an ND before your health plan will cover your naturopathic consult fees.
- **Naturopathic medical visits are NOT covered by OHIP.**
- **No Insurance?** Individual payment plans available. Please ask.

Picking Up Medicines:

- When your ND has prescribed a supplement, herbal or homeopathic medicine and you have been instructed to continue the prescription until your next follow-up but run out of it before then, please call or email the clinic to provide you with a repeat prescription.
- If you are leaving a phone or email message with reception, please indicate the name of the medicine you need, your name, phone number and your availability for pick up.
- Reception will call you back to confirm medicine availability, cost and pick up arrangements.
- Payment is expected at the time of pick-up.

Cancellations/Missed Appointments & Outstanding Balances:

- **Please remember that non-emergency cancellations or missed appointments with less than 24hrs notice will be charged a fee of \$85.00.**
- You will receive a mailed invoice.
- Payment is required in full within 10 days of your non-emergency missed or cancelled appointment with less than 24 hrs notice.
- Clients with outstanding balances will not receive any further naturopathic services or products until the outstanding payment has been received by the clinic in full.

If you have questions or concerns regarding this fee schedule, please do not hesitate to discuss them with us.

**WE ARE SINCERELY HONOURED TO SERVE YOU.
THANK YOU FOR YOUR BUSINESS.**